

Saturday, March 7, 2026

I N T E R N A T I O N A L



W O M E N ' S D A Y

Guest Speakers

Women's Exercise Classes - Urban Sketching,
The Rock N' Roll Car Show, and
MORE!

Safe!

Family - Friendly!

Women get in free all day!



Welcome!

Welcome to International Women's Day at Cypress Cove Nudist Resort!

We are thrilled to have you join us for this special celebration of women from all walks of life. Whether you're a seasoned visitor or a newcomer to our resort, we extend a warm greeting to each one of you.

As you embark on this journey of empowerment and camaraderie, we kindly remind you to register at the registration table upon your arrival. (Found at location 1 on the map, Old Cheeks.)

While registration is not mandatory for entry, we highly recommend stopping by upon your arrival. Why? **Registering ensures your guaranteed entry to the highly anticipated wine & cheese reception** waiting for you towards the end of the evening in the clubhouse. Don't miss out on this opportunity to mingle, network, and indulge in delicious treats as we toast to the achievements of women everywhere.

And if you're not quite ready to bid adieu to the festivities, why not end the night with a nightcap from Scuttlebutts Lounge? We invite you to gather around the fire pit for fireside chats. It's the perfect setting to share stories, exchange ideas, and forge connections with fellow attendees.

Thank you for being a part of this celebration. Here's to honoring the strength, resilience, and accomplishments of women, today and every day. Cheers!

New here? Embrace the unique experience of nudism! We understand that trying something new can be intimidating, but we assure you that our nudist environment is one of acceptance, respect, and body positivity.

Shedding clothing barriers fosters a sense of freedom and authenticity, allowing you to connect with nature and fellow attendees on a deeper level. So take the plunge, shed your inhibitions, and join us in experiencing the freedom of nudism at Cypress Cove.

We welcome you with open arms to a community where judgment is left behind, and acceptance flourishes.

**NEWBIES
WELCOMED
& ENCOURAGED!**



Friday, March 6, 2026

5:00 PM - WELCOME DINNER
6:30 PM LAKESIDE RESTAURANT

Saturday, March 7, 2026

10:00 AM REGISTRATION
OLD CHEEKS

10:00 AM YOGA WITH MARY
IN THE GAMEROOM 

11:00 AM LINE DANCING CLASS 
IN THE CLUBHOUSE

11:30 AM - URBAN SKETCHING WITH ANNA 
1:30 PM SUPPLIES PROVIDED! - OLD CHEEKS

12:00 PM - ROCK N' ROLL CAR SHOW STARTS 
4:00 PM SUNNING YARD - TUNES SPUN BY DJ DAVE
REGISTER YOUR HOT-ROD FOR A CHANCE TO WIN "QUEEN OF THE ROAD" TROPHY!

1:00 PM - CRAFT CORNER - SEA GLASS VOTIVE CANDLE
3:00 PM SUPPLIES PROVIDED - IN THE GAMEROOM

1:00 PM - AMERICAN NUDIST RESEARCH LIBRARY 
4:00 PM OPEN HOUSE - STOP BY & BE CURIOUS!

2:00 PM WOMEN'S CHOIR 
OLD CHEEKS

3:00 PM BOOK TALK - "LET THEM"
HOSTED BY ANITA H. - OLD CHEEKS



4:00 PM NORMALIZING NUDISM IN AN ONLINE WORLD
HOSTED BY INFLUENCER SARAH MEXICO" CHRISTENSON
OLD CHEEKS

5:00PM - WINE & CHEESE RECEPTION
6:00 PM WITH HONORED GUEST CAROLYN HAWKINS
FOR REGISTERED PARTICIPANTS - IN THE CLUBHOUSE



Map of Events



- 1** - Registration & Event Stage
- 2** - Yoga Classe & Craft Corner
- 3** - ANRL Library

- 4** - Rock n' Roll Car Show
- 5** - Wine & Cheese Reception
- 6** - Fire Pit
- 7** - Lakeside Restaurant



Dining at Cypress Cove

CHEEKS BAR & GRILL

407-933-3529

A Cypress Cove icon! Located poolside and providing delicious food and drinks all day

Hours:

Breakfast: 8:00 am - 10:30 am
Lunch / Dinner: 11:00 am - 10:00 pm
Bar: 8:00 am - 1:00 am

Specials for Today:

Herbed Grilled Pork Chops with Tarragon Cream Sauce, Lemon Feta Orzo & Veggies - \$14.95
Cranberry Pecan Chicken Salad - \$9.95

Cocktail:

Women's Day Cocktail \$8.00

(Evan Williams Cherry, Simple Syrup, Cherry Juice, Mint/Cherry)

LAKESIDE RESTAURANT

407-933-3588

Reservations Suggested

Lakeside Restaurant blends casual fine dining with elegance and comfort.

Hours:

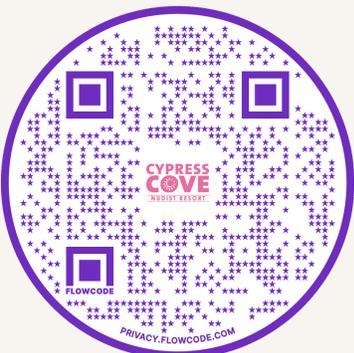
Dining: 5:00 pm - 9:00 pm
Entertainment: 7:00 pm - 11:00 pm
Scuttlebutts Lounge: 5:00 pm - 11:00 pm

Make sure you ask for specials!

Scan the codes below with your phone camera to check out the amazing menus at each of our dining locations!

CHEEKS BAR & GRILL MENU

SCAN



LAKESIDE RESTAURANT MENU

SCAN

