

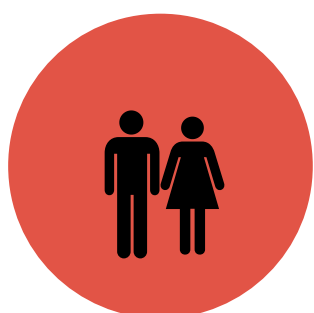


WHY YOU SHOULD CONSIDER BEING A BLOOD DONOR

BLOOD TRANSFUSION IS NEEDED FOR



women with complications of pregnancy



children with severe anemia as a result of malnutrition



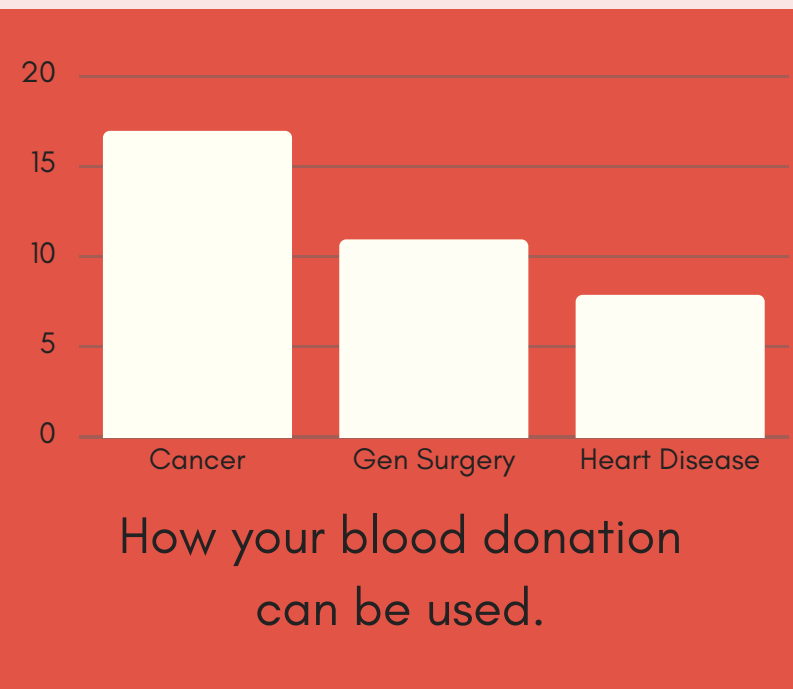
people with severe trauma following disasters



complex medical procedures, cancer patients, & even those with COVID-19

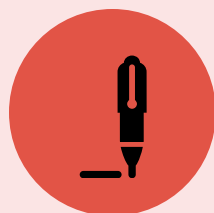


Every two seconds, someone in the United States needs blood, which means more than 38,000 blood donations are needed per day.



Blood donation is an opportunity to contribute to someone else's good health.

BLOOD DONATION IS A SIMPLE FOUR STEP PROCESS



Registration, where you sign up and go over eligibility.



Mini-physical, where your health is evaluated.



The donation, which only takes about eight to ten minutes.



Refreshments, where you get a snack and drink afterwards.



Safe blood saves lives and improves health. It is the most precious gift that anyone can give to another person: the gift of life.